

TECHNICAL DATA:

Season 2023-24

WOMEN and MEN

Short Program: The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 2. Duration: 2 min., 40 sec. +/-10 sec.

Free Skating: In accordance with ISU Technical Rules Single & Pair Skating 2022, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 min., +/-10 sec.

JUNIOR WOMEN and MEN

Short Program: The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2022, Rule 611, paragraphs 1 and 3, for 2023/2024.

Duration: 2 min.40 sec. +/-10 sec.

Free Skating: In accordance with ISU Technical Rules Single & Pair Skating 2022, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 3 min.30 sec. +/-10 sec.

ADVANCED NOVICE Girls and Boys

Age and technical requirements are according to the ISU Technical Rules Single and Pair Skating 2022, ISU Communication 2562 and all respective ISU Communications.

Short Program: 2 min 20 sec, +/-10 sec. Free Skating: 3 min +/-10 sec

INTERMEDIATE NOVICE Girls and Boys

Age and technical requirements are according to the ISU Technical Rules Single and Pair Skating 2022, ISU Communication 2562 and all respective ISU Communications.

Free Skating: 3 min, +/- 10 sec

BASIC NOVICE 2009-2012 Girls and Boys NB!

Technical requirements are according to the ISU Technical Rules Single and Pair Skating 2022, ISU Communication 2562 and all respective ISU Communications.

Free Skating: 2 min 30 sec, +/- 10 sec

BASIC NOVICE 2013 and Younger Girls and Boys NB!

Technical requirements are according to the ISU Technical Rules Single and Pair Skating 2022, ISU Communication 2562 and all respective ISU Communications.

Free Skating: 2 min 30 sec, +/- 10 sec

INTERCLUB

PRE-CHICKS A Free Skating only, Girls and Boys (**2017 and younger**) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
- b) There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
- c) maximum of two (2) spins of a different nature (minimum of 4 revolutions each)
- d) **one (1) Choreo Sequence consisting of at least two different movements.**

CHICKS A Free Skating only, Girls and Boys (**2015/2016**) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
- b) There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
- c) maximum of two (2) spins of a different nature (minimum of 4 revolutions each)
- d) **one (1) Choreo Sequence consisting of at least two different movements.**

CHICKS Axel 2015 and CHICKS Axel 2016 Free Skating only (**2015/2016**) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
 - b) There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of (**according to the category requirements**), beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump.
 - c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each)
 - d) **one (1) Choreo Sequence consisting of at least two different movements.**
- Only 1A is allowed in this category and double jumps is not allowed**

IMPORTANT!

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.67

1. In all elements which are subject to Levels, only features up to **Level 2 (Pre-Chicks A and Chicks A) Level 1 (Chicks Axel)** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
2. Evaluation is in accordance with ISU Communication No. **2558** (or any update of this Communication).
3. No jump with the same name may be repeated more than twice including Axel type jumps.
4. There shall be no bonus for difficult elements in the second half of the program
5. Time violation - 0.5 point deduction for every 5 seconds in excess.
6. Falls - 0.5 point deduction for every fall
7. **Part of the costume/decoration falls on the ice - 0.5**
8. **Costume/prop violation - 0.5**
9. **Late start - 0.5**

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10. Interruption

- more than 10 sec. up to 20 sec.: -0,5
- more than 20 sec. up to 30 sec.: -1,0
- more than 30 sec. up to 40 sec.: -1,5

Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption: -2,5 per program

11. Warm up group up to 10 skaters

12. Warm up 4 min.

PRE-CHICKS B Free Skating only, Girls and Boys (2017 and younger) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements.
- b) maximum of two (2) jump combinations. Jump combination can contain only two (2) jumps.
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each);

NB!!! All spins must contain only Base positions. Difficult positions and attempts are not permitted, and spin will have not value.

d) **one (1) Choreo Sequence consisting of at least two different movements.**

1 Axel and double (2) jumps are not allowed in pre-chicks b category !

CHICKS B Free Skating only, Girls and Boys (2015/2016) 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements.
- b) maximum of two (2) jump combinations. Jump combination can contain only two (2) jumps.
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each)

d) **one (1) Choreo Sequence consisting of at least two different movements.**

• 1 Axel and double (2) jumps are not allowed in chicks b category !

CUBS B Free Skating only, Girls and Boys (2013/2014) 2 min. 30 sec., +/- 10 sec.

a) maximum of four (4) jump elements.

b) There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) maximum of two (2) spins of a different nature (minimum of five (5) revolutions);

d) **one (1) Choreo Sequence consisting of at least two different movements.**

• 1 Axel and one (1) double jump are allowed not more than two (2) times.

2Lo, 2F and 2Lz – are not allowed in this category

SPRINGS B Free Skating only, Girls and Boys (2011/2012) 2 min. 30 sec., +/-10 sec.

a) maximum of four (4) jump elements (one of which must be an Axel type jump);

b) There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) maximum of two (2) spins of a different nature (minimum of five (5) revolutions);

d) **one (1) Choreo Sequence consisting of at least two different movements.**

•Maximum 2 (two) different double jumps are allowed and they cannot be repeated more than twice.

2A, 2F, 2Lz and 3x (triple jump) – are not allowed in this category

IMPORTANT!!!

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.50

1. In all elements which are subject to Levels, only features up to **Level Base (Pre-Chicks B, Chicks B, Cubs B), Level 1 (Springs)** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2. Evaluation is in accordance with ISU Communication No. 2558 (or any update of this Communication).

3. No jump with the same name may be repeated more than twice including Axel type jumps.

4. There shall be no bonus for difficult elements in the second half of the program

5. Time violation - 0.5 point deduction for every 5 seconds in excess.

6. Falls - 0.5 point (Chicks B, Cubs B, Springs), 0,25 point (Pre-Chicks B) deduction for every fall

7. Part of the costume/decoration falls on the ice - 0.5

8. Costume/prop violation - 0.5

9. Late start - 0.5

10. Interruption

-more than 10 sec. up to 20 sec.: -0,5

-more than 20 sec. up to 30 sec.: -1,0

-more than 30 sec. up to 40 sec.: -1,5

Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption: -2,5 per program

11. Warm up group up to 10 skaters

12. Warm up Pre-chicks B, Chicks B 3 min. Cubs B, Springs 4 min.

NOVICE B Free Skating only 3 min. +/- 10 sec.

Age limits- has reached at least the age of ten (10) - has not reached the age of fifteen (15) before July 1st preceding the event

a). Maximum five (5) jump elements - at least one (1) Axel type jump

b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** A jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) There must be a maximum of two (2) spins of a different nature. -one of which must be a spin combination with change of foot (minimum of eight (8) revolutions in total) or without change of foot (minimum of six (6) revolutions in total) Flying entry is allowed. -one spin with no change of position with change of foot (minimum of eight (8) revolutions in total) or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed

d) **one (1) Choreo Sequence consisting of at least two different movements.**

Double Axel and triple jumps are not allowed.

JUNIOR B (age same as Junior A) Free Skating only 3 min., +/- 10 sec.

a) maximum of five (5) jump elements one of which must be an Axel type jump;

b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** (Only one jump combination may consist of three (3) jumps); A jump sequence

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consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total), one a flying spin (minimum of six (6) revolutions) and one spin is optional (minimum of six (6) revolutions);

d) **one (1) Choreo Sequence consisting of at least two different movements.**

2A and triple jumps are not allowed.

SENIOR B (age same as Senior A) Free Skating only 3.30 min., +/- 10 sec.

a) maximum of six (6) jump elements one of which must be an Axel type jump;

b) maximum of three (3) jump combinations or **two (2) jump combinations and one (1) jump sequence**. (Only one jump combination may consist of three (3) jumps); A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

c) three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total), one a flying spin (minimum of six (6) revolutions) and one spin is optional (minimum of six (6) revolutions);

d) **one (1) Choreo Sequence consisting of at least two different movements.**

2A and triple jumps are not allowed.

IMPORTANT!!!

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.50

1. In all elements which are subject to Levels, only features up to **Level 2 (Novice B, Junior B) Level 3 (Senior B)** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2. Evaluation is in accordance with ISU Communication No. **2558** (or any update of this Communication).

3. No jump with the same name may be repeated more than twice including Axel type jumps.

4. There shall be no bonus for difficult elements in the second half of the program

5. Time violation - 0.5 point (**Novice B**) deduction for every 5 seconds in excess.

6. Falls - 0.5 point (**Novice B**) deduction for every fall

7. Part of the costume/decoration falls on the ice - 0.5 (Novice B)

8. Costume/prop violation - 0.5 (Novice B)

9. Late start - 0.5 (Novice B)

10. Interruption

-more than 10 sec. up to 20 sec.: -0,5

-more than 20 sec. up to 30 sec.: -1,0

-more than 30 sec. up to 40 sec.: -1,5

Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption: -2,5 per program

11. Warm up group up to 8 skaters

12. Warm up 5 min.

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PRE-CHICKS C Free Skating only Girls and Boys (2017 and younger) 2 min., +/- 10 sec.

a) maximum of four (4) jump elements.

b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** A jump combination and jump sequence can contain only two (2) jumps

c) maximum of two (2) spins, each spin in one position (minimum of 3 revolutions each);

NB!!! All spins must contain only Base positions. Difficult variations spins will be ignored by technical panel and will have not value.

d) **one (1) Choreo Sequence consisting of at least two different movements.**

Waltz jump is allowed in Pre Chicks C category and has a value 0.20

1 Axel, 1Lutz, 1Flip, 1Loop and double jumps are not allowed in pre-chicks C category !

CHICKS C Free Skating only Girls and Boys (2015/2016) 2 min., +/- 10 sec.

a) maximum of four (4) jump elements

b) **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** A jump combination and jump sequence can contain only two (2) jumps

c) maximum of two (2) spins, each spin in one position (minimum of 3 revolutions each);

NB!!! All spins must contain only Base positions. Difficult positions and attempts are not permitted, and spin will have not value.

d) **one (1) Choreo Sequence consisting of at least two different movements.**

Waltz jump is allowed in Chicks C category and has a value 0.20

1Axel, 1Lutz, 1Flip, 1Loop and double jumps are not allowed

IMPORTANT!!!

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.40

1. In all elements which are subject to Levels, only features up to **Level Base** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2. Evaluation is in accordance with ISU Communication No. 2558 (or any update of this Communication).

3. No jump with the same name may be repeated more than twice including Axel type jumps.

4. There shall be no bonus for difficult elements in the second half of the program

5. Time violation - 0.25 point deduction for every 5 seconds in excess

6. Falls - 0.25 point deduction for every fall

7. Interruption – 0,5

7. Part of the costume/decoration falls on the ice - 0.25

8. Costume/prop violation - 0.25

9. Late start - 0.25

10. Warm up group up to 10 skaters

11. **Warm up Pre-chicks C, Chicks C 3 min.**

BEGINNERS 2013 and Younger Girls and Boys Free Program: max. 2:00 min (± 10 sek)

a). Maximum four (4) jump elements.

- at least one (1) and no more than two (2) are jump combinations. Jump combination can contain only two (2) jumps.

b). maximum of two (2) spins, each spin in one position (minimum of 3 revolutions each)

NEW !! NB!!! All spins must contain only BASE POSITIONS. Difficult positions and attempts are not permitted, and spin will have not value.

c) **one (1) Choreo Sequence consisting of at least two different movements.**

Single Axel and double jumps are not allowed!

Beginners 2011-2012 2008-2010 and 2005-2007 Girls and Boys

Free Program: max. 2:30 min (± 10 sek)

1. Maximum four (4) jump elements

- at least two (2) of them are solo jumps

- **There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.** Jump combination can contain only two (2) jumps. A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump

2. At least one (1) but not more than two (2) spins of a different nature min. four (4) revolutions.

3. c) one (1) Choreo Sequence consisting of at least two different movements.

Maximum two (2) single (1) Axel and maximum one (1) double jump two (2) times are allowed

2A , 2Lo, 2F and 2Lz – are not allowed in this category

HOBY CLASS Free Skating only, Girls and Boys (2007-2010) 2 min., +/- 10 sec.

For the very beginning skaters.

a) maximum of four (4) jump elements.

b) maximum of two (2) jump combinations. Jump combination can contain only two (2) jumps.

c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each)

d) **one (1) Choreo Sequence consisting of at least two different movements.**

Waltz jump is allowed

• 1 Axel and double (2) jumps are not allowed in chicks b category !

IMPORTANT!!!

• Composition

• Presentation

• Skating Skills

The factor for the Program Components is 1.40 / **(HOBY CLASS 1.20)**

1 In all elements which are subject to Levels, only features up to **Level Base** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

2.Evaluation is in accordance with ISU Communication No.2558 (or any update of this Communication).

3. No jump with the same name may be repeated more than twice including Axel type jumps.

4. There shall be no bonus for difficult elements in the second half of the program

5. Time violation - 0.5 point deduction for every 5 seconds in excess

6. Falls - 0.5 point deduction for every fall

7. Interruption – 0,5

9. Part of the costume/decoration falls on the ice - 0.5

10. Costume/prop violation - 0.5

11. Late start - 0.5

12. Warm up group up to 10 skaters

13. Warm up 3 min.

ADULT GOLD Men and Women

Age requirements: Adult Gold skater is the skater who has reached at least the age of 28 before July 1st preceding the Event.

Free Skating:

1. A maximum of five (5) jump elements, consisting of single jumps (including the single Axel) or double jumps. **Double Flip, double Lutz, double Axel and Triple jumps are not permitted.** There may be up to three (3) jump combinations or jump sequences in the free program:
 - One (1) jump combination may consist of up to three (3) listed jumps. Two (2) jump combinations may consist of two (2) listed jumps;
 - A jump sequence consists of two (2) listed single or double jumps, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. The jumps in bold above are not permitted;
 - Each listed jump may be performed a maximum of two (2) times;
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps. - Non-listed jumps may be included in the program as part of connecting footwork.
2. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.
 - The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot;
 - A spin that has no basic position with 2 revolutions will receive no value, however a spin with less than three rotations is considered as a skating movement and not a spin;
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions;
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a **V**.
3. A maximum of one (1) step sequence, fully utilizing the ice surface.

Duration: 2:50 min. +/- 10 sec.

ADULT SILVER Men and Women

Age requirements: Adult Silver skater is the skater who has reached at least the age of 28 before July 1st preceding the Event.

Free Skating:

1. A maximum of five (5) jump elements, consisting of any single jumps (including the single Axel). **Double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations or jump sequences in the free program:
 - One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps;
 - A jump sequence consists of two (2) single listed jumps, beginning with any listed jump, immediately followed by an Axel type jump with direct step from the landing curve of the first jump to the take-off curve of the Axel jump;
 - Each listed jump may be performed a maximum of two (2) times;
 - Please note that the Euler (half-loop) is considered a listed jump only when used in combination in between two other listed jumps;
 - Non-listed jumps may be included in the program as part of connecting footwork.

2. A maximum of two (2) spins of a different abbreviation, one (1) of which must be a spin combination. - The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and six (6) for any spin with a change of foot;
- A spin that has no basic position with 2 revolutions will receive no value, however a spin with less than three rotations is considered as a skating movement and not a spin;
- Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions;
- All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.

3. A maximum of one (1) choreographic sequence, utilizing at least half (1/2) of the ice surface.
- A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.;
- The pattern is not restricted but the sequence must be clearly visible;
- A choreographic sequence has a base value and will be evaluated by the judges in GOE only. **Duration: 2:00 min. +/- 10 sec.**

ADULT BRONZE Men and Women

Age requirements: Adult Bronze skater is the skater who has reached at least the age of 28 before July 1st preceding the Event.

Free Skating:

1. A maximum of four (4) jump elements, consisting only of single jumps. **Axel type jumps, double jumps and triple jumps are not permitted.** There may be up to two (2) jump combinations in the free program: - Each jump combination may consist of two (2) listed jumps;
- Each listed jump may be performed a maximum of two (2) times;

2. A maximum of two (2) spins of a different abbreviation one of which must be a spin in one position with no change of foot. **Flying spins are not permitted.**

- The spins must have a required minimum number of revolutions: three (3) for any spin with no change of foot, and six (6) with change of foot;
- A spin that has no basic position with 2 revolutions will receive no value, however a spin with less than three rotations in total is considered as a skating movement and not a spin;
- Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions;
- All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.

3. A maximum of one (1) choreographic sequence utilizing at least half (1/2) of the ice surface.

- A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.;
- The pattern is not restricted, but the sequence must be clearly visible;
- A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

Duration: 1:40 min. +/- 10 sec.